

Spiritual Mentorships and/or Coaching Sessions

For those seeking guidance in their spiritual journey, the pastor (and soon, some of our members) will be offering a limited number of Spiritual Mentorships OR Spiritual Coaching Sessions.

Please contact Pastor Melanie personally if you are interested or at email: madams@greatplainsumc.org

*Concordia First United Methodist Church
740 W. 11th
Concordia, KS 66901
785-243-4560
concordiafumc.com*

*Note: some material in this flyer is borrowed from resources presented by
Dr. Phil Maynard at Annual Conference, 2017.
www.emc3coaching.com*

First United Methodist Church

Concordia, KS



What is a Disciple?

A brief guide for guests and members who wish to go deeper in relationship with Christ and neighbor.

What Does God Want for Me?

God loves you and wants a living relationship with you!

One of my favorite verses from the Bible says, *"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope."* - Jeremiah 29:11 NRSV

This verse reminds me that God is present and wants the very best for me. This does not mean lots of material wealth or power, but instead it means peace in my heart through good times and bad, and a passion to make a difference in the world.

Here at First United Methodist Church we believe firmly in God's love and grace. In community we work to live out the love and grace that we experience in Christ. We believe we are on a journey of faith, towards being a mature disciple of Jesus Christ.

- Pastor Melanie

What is a Disciple?

A disciple is a follower of Jesus Christ who is committed to:

- * **being part of the Body of Christ** (the church)
- * **becoming more like Jesus** (a life formed by grace)
- * **joining Jesus in ministry** (serving others as a response to our relationship with Christ)

**In being part of the Body of Christ we:
live a life of worship and a life of hospitality.**

A life of worship includes participation in corporate worship, but it also includes personal worship (e.g. devotional time) and even a lifestyle of worship where every action and circumstance becomes an opportunity to give glory to God.

A life of hospitality includes being part of the church community

and welcoming new people to worship, but it also includes our interpersonal relationships with and our acceptance of people who are outside the church and quite unlike us – even to the point of intentionally building relationships with persons beyond the church in order to embody Christ's love.

In becoming more like Jesus we: live a life opening to Jesus and a life obeying Jesus. Together these reflect *Intentional Discipling.*

A life of Opening to Jesus points us in the direction of spiritual practices that help us develop an awareness of the presence of Christ with a focus on engaging the scriptures and prayer. Maturity in this dimension of discipleship includes taking responsibility for our own spiritual growth.

A life of Obeying Jesus begins with our acceptance of a relationship with Jesus and commitment to becoming like Jesus in our actions, attitudes, and responses to others. We not only develop a Christian worldview in our daily living, but we also increasingly come to embody the example and teaching of Jesus. As we mature spiritually we begin to develop partnerships with others to help them develop as a disciple of Jesus.

In joining Jesus in ministry, we live a life of generosity.

A life of service includes supporting the ministry of the local church with our time and energy and participating in service projects sponsored by the church, but it also includes a lifestyle investing the best of who we are in service to others.

A life of generosity includes presenting our tithes and offerings as an act of worship, but it also includes creating a lifestyle with margins that allow us to respond to the needs of others God puts in our path on a daily basis.